

Avalon Golf and Country Club

Junior Tennis Programs

September 10th through October 28th

Avalon Athletic Center at Boardman

High Performance Juniors 11+

Description:

This clinic is dedicated to serious tournament players only. The clinic is designed to work on technique, point play, strategy, movement, and mental aspects of the game to perform at the highest level. Players must be pre-approved to participate. One match per week will be required through the Challenge Ladder. Fitness/conditioning will also be included. Limited to 24.

Instructors:

Staff pros.

Choice of Two Days

Seven Week Session:

Mondays and Wednesdays – 4 p.m. to 6 p.m. – limited to 20.
September 10th – October 22nd

Pre-pay \$224 for seven 2-hour clinics (\$16 per clinic hour).

Drop-in rate (if space is available – max of two drop-in visits per session) is \$36 per 2-hour clinic.

Junior Intermediate 11+

Description:

A clinic designed for juniors who have either begun tournament play or who are ready to start. Participants must be able to rally from the baseline. Instruction will include technique, ability, and an introduction to strategy within a drill and game-based format. There will be an emphasis on tournament and match play. One match per week will be required through the Challenge Ladder. Participants are encouraged to also register for the Sunday Intermediate Match/Point Play Days. Limited to 12.

Instructors:

Staff pros.

Choice of Two Days

Seven Week Session:

Tuesdays or Thursdays – 4 p.m. to 5:30 p.m. – limited to 12.
September 11th – October 23rd

Pre-pay \$168 for seven 1.5-hour clinics. Drop-in rate (if space is available – max of two drop-in visits per session) is \$26 per 1.5-hour clinic.

High School Clinic 14-18

Description:

Be prepared for your upcoming tennis season. This clinic is designed for high school-age boys and girls who want to improve their games through specific drills and point play. Limited to 12.

Instructors:

Staff pros.

Choice of Two Days

Seven Week Session:

Mondays or Wednesdays – 6 p.m. to 7 p.m. – limited to 8.

September 10th – October 22nd

Pre-pay \$112 for seven 1-hour clinics (\$16 per hour). Drop-in rate (if space is available – max of two drop-in visits per session) is \$18 per 1-hour clinic.

Middle School Clinic 11-13

Description:

A clinic for girls and boys in grades 6-8 who are just starting tennis. Learn the basics of tennis in a fun atmosphere. Dedicated to building the foundation of your child's athletic development by focusing on movement, tracking skills, hand-eye coordination, and technique. Limited to 12.

Instructors:

Staff pros.

Choice of Two Days

Seven-Week Sessions:

Mondays or Wednesdays 6 p.m. to 7 p.m. – limited to 12.

September 10th – October 24th

Pre-pay \$112 for 7-week session (\$16 per 1-hour class). Drop-in rate (if space is available – max of two drop-in visits per session) is \$18 per clinic.

Youth Beginner Green Dot 9-12

Description:

Green Dot clinics are designed for beginning players ages 9-12. The clinic emphasizes a rally-based curriculum and will focus on developing hitting and returning skills, sound footwork, racquet mechanics, and incorporating comparable athletic skills found in other sports. Players learn how to properly position themselves to execute groundstrokes and volleys, hit with a purpose, serve, and ultimately sustain a rally of varying speed and duration. Highly recommended that these students also participate in Sunday Play Days.

Instructors:

Staff pros.

Choice of Two Days

Seven-Week Session:

Tuesdays or Thursdays 5:30 p.m. to 6:30 p.m. – limited to 8.

September 11th – October 25th

Pre-pay \$112 for 7-week session (\$16 per 1-hour class). Drop-in rate (if space is available – max of two drop-in visits per session) is \$18 per clinic.

Youth Beginner Orange Dot 6-9

Description:

Orange Dot clinics are designed for beginner and intermediate juniors who have completed the red ball program or are age 6+. There will be an emphasis on serving, rallying, and how to keep score. Advanced orange players will see a more competitive approach to the Orange Ball clinic. They will play on a 60x21 court with 23" or 25" racquets and orange dot low compression balls. Highly recommended that these students also participate in Sunday Play Days.

Instructors:

Staff pros.

Choice of Two Days

Seven-Week Session:

Tuesdays or Thursdays 5:30 p.m. to 6:30 p.m. – limited to 8.
September 11th through October 24th

Pre-pay \$112 for 7-week session (\$16 per 1-hour class). Drop-in rate (if space is available – max of two drop-in visits per session) is \$18 per clinic.

Children's Red Ball Pre-Rally Clinic 3-6

Description:

Children must have 19" or 21" racquets. Low compression red balls or foam balls along with smaller nets are used to encourage successful contact with the ball and success in hitting the ball over the net. Fun is the major emphasis in this program while learning proper technique, racquet control, cooperation, movement and participating in fun games. This class helps children develop a love for the game. Limited to 8.

Instructors:

Staff pros.

Choice of Days and Times

Seven-Week Sessions:

Tuesdays and Thursdays, 4-4:45 p.m. or 4:45-5:30 p.m.
September 11th – October 23rd.

Pre-pay \$112 for 7-week session (\$16 per 45-minute class). Drop-in rate (if space is available – max of two drop-in visits per session) is \$18 per clinic.

Orange/Green Dot Play Days (10 and under)

Description:

The 10 and under Play Days are 1½ hours and designed for our youngest players. Using the 36x18 or 60x21 court and low-compression balls, players can focus on rallying the ball and playing out points with a coach on the court to help facilitate the play and scorekeeping.

Instructors:

Staff pros.

Seven-Week Sessions:

Sundays 1 p.m. to 2:30 p.m. – limited spots available.
September 16th – October 28

\$24 per 1.5-hour event. Players must sign-up weekly by 4 p.m. Friday to be guaranteed a spot. When registering please indicate if your child is an orange dot or green dot player.

Intermediate Play Days 11+

Description:

Intermediate Play Days are arranged with matches and point play designed for intermediate players who are just entering standard yellow-ball play but are not at the advanced yellow-ball level. This is a round-robin format. A coach will be present to oversee play and provide helpful hints to players.

Instructors:

Staff pros.

Seven-Week Sessions:

Sundays 2:30 p.m. – 4:30 p.m. – limited spots available.

September 16th – October 28

\$32 per 2-hour event. Players must sign-up weekly by 4 p.m.

Friday to be guaranteed a spot. All participants must be approved by Director of Tennis Michele Grim.

Davis Cup Competition

Description:

Davis Cup is for advanced high school players and adults to gain singles and doubles match play experience in a fun and competitive environment. Players must be pre-approved by Rob Stephens to participate. Limited to 16 players.

Instructor:

Rob Stephens

Choice of Two Times

Seven-Week Session:

Sundays – 4:30 p.m. to 6 p.m. or 6 p.m. to 7:30 p.m.

September 16th – October 28th

\$15 per 1.5-hour session – players must sign-up one week in

advance. Three-day cancellation policy applies or players will be billed for the session.

All clinics are based on a minimum of four students.

Players may register for multiple clinics.

Classes may be combined to achieve minimum enrollment.

Refunds will not be given for prepaid classes. If the class is denoted a prepay class, you are required to pay for the class in full the first day of class.

If you wish to use the drop-in option for a pre-pay clinic, you must call a day in advance to see if space is available.

To register, please contact the Avalon Athletic Center at Boardman at 330-758-7400 or by email at avalonboardman@avalonlakes.com