

# Avalon Golf and Country Club

## Adult Tennis Programs

September 10<sup>th</sup> through October 28<sup>th</sup>

*Avalon Athletic Center at Boardman*

### Adult Advanced Evening Clinic

Description: *A clinic designed for intermediate to advanced men and women who want to have fun, drill, and play points. Limited to 12.*

Instructor: Susan Cianciola and Pam Steinhauser

Seven-Week Session: **Tuesdays – 6:30 p.m. to 8 p.m.**  
September 11<sup>th</sup> – October 23<sup>rd</sup>

Drop-in at \$24 per 1.5-hour class. No commitment for multiple classes.

### Adult Start/Restart

Description: *If you're just starting out in tennis or haven't played in a very long time, this clinic is for you. The program teaches basic tennis skills and strokes as well as court positioning and keeping score. For all adults ages 18+. Monday and Friday class limited to 8 students; Wednesday class limited to 12 students.*

Instructor: Pam Steinhauser and Susan Cianciola

Choice of Three Days

Seven-Week Session: **Mondays or Wednesdays – 11:30 a.m. to 12:30 p.m.; Fridays 5 p.m. to 6 p.m.**  
September 10<sup>th</sup> – October 26<sup>th</sup>

Pre-pay \$112 for seven 1-hour clinics (\$16 per clinic hour).

### Fitness Tennis

Description: *Get in shape while working on your technique and footwork at the same time! This class will be fast-paced but fun at the same time. Come give it a try!*

Instructors: Susan Cianciola and Pam Steinhauser

Seven-Week Session: **Thursdays – 10 a.m. to 11 a.m.**  
September 13<sup>th</sup> – October 25<sup>th</sup>

Drop-in at \$16 per 1-hour class. No commitment for multiple classes.

### **Women's USTA 3.0 – 4.0 Instructional Clinic**

Description:

*This clinic is for all 3.0-4.0 NTRP-rated women who want to focus on learning advanced strokes and strategies resulting in better match play results. Clinic is primarily focused on learning and practicing higher level strokes and specialty shots along with improved consistency in rallying and serving.*

Instructors:

Susan Cianciola and Pam Steinhauser

Seven-Week Session:

**Fridays 10 a.m. to 12 p.m.**

September 14<sup>th</sup> – October 26<sup>th</sup>

Drop-in at \$28 per 2-hour class. No commitment for multiple classes.

### **Women's USTA 4.0 Singles/Doubles Drills and Point Play Clinic**

Description:

*This clinic is for all 4.0 NTRP-rated women who are wanting to take their tennis skills to an even higher level. The clinic will focus on technique and strategies in both singles and doubles. The first 45 minutes will be technique-based drills followed by 45 minutes of structured and coached point play.*

Instructors:

Susan Cianciola and Pam Steinhauser

Choice of Two Days

Seven-Week Session:

**Mondays 8:30 a.m. to 10 a.m.**

**Wednesdays 9 a.m. to 10:30 a.m.**

September 10<sup>th</sup> – October 24<sup>th</sup>

Drop-in at \$21 per 1.5-hour class. No commitment for multiple classes.

### **Women's USTA 3.5-4.0 Drills**

Description:

*This clinic is for all 3.5 – 4.0 NTRP-rated women who want to focus on learning advanced strokes and strategies resulting in better match play.*

Instructors:

Susan Cianciola

Choice of Two Days

Ongoing:

**Thursdays – 8:30 a.m. to 10 a.m.**

Drop-in at \$21 per 1.5-hour class. No commitment for multiple classes.

## **Women's USTA 3.0-3.5 Singles/Doubles Drills and Point Play Clinic**

Description:

*This clinic is for all 3.0 – 3.5 NTRP-rated women who are wanting to further develop their tennis skills. The clinic will focus on technique and strategies in both singles and doubles. The first 45 minutes will be technique-based drills followed by 45 minutes of structured and coached point play.*

Instructors:

Susan Cianciola and Pam Steinhauser

Choice of Two Days

Ongoing:

**Mondays 10 a.m. to 11:30 a.m.**

**Wednesdays 10:30 a.m. to 12 noon**

September 10<sup>th</sup> through October 24<sup>th</sup>

Drop-in at \$21 per 1.5-hour class. No commitment for multiple classes.

## **Men's USTA Practice**

Description:

*This clinic is designed for all USTA men's league players who would like to further develop their tennis skills. The clinic will focus on technique and strategies in both singles and doubles.*

Instructor:

Rob Stephens

Choice of Two Days

Seven-Week Session:

**Wednesdays – 12 noon to 1:30 p.m.**

September 12<sup>th</sup> – October 24<sup>th</sup>

**Thursdays – 7 p.m. to 8:30 p.m.**

September 13<sup>th</sup> – October 25<sup>th</sup>

Drop-in at \$21 per 1.5-hour class. Please call Boardman a day in advance to register. No commitment for multiple classes.

## **Men's USTA 6.5 and 7.5 Leagues**

Description:

*The Avalon Athletic Center at Boardman would like to form several men's teams (18+) that are interested in competing in the Men's USTA leagues in the fall and winter of 2018-2019. Matches start September 21<sup>st</sup> and would be scheduled at both home and away locations on Friday or Saturday evenings. Teams are based on age/NTRP rating. **Please contact the Avalon Athletic Center at Boardman by August 21<sup>st</sup> if interested in participating.***

Coach:

Rob Stephens

Dates:

Dates and times to be announced based on number of participants.

## **Davis Cup Competition**

Description:

*Davis Cup is for advanced high school players and adults to gain singles and doubles match play experience in a fun and competitive environment. Players must be pre-approved by Rob Stephens to participate. Limited to 16 players.*

Instructor:

Rob Stephens

Choice of Two Times

Seven-Week Session:

**Sundays – 4:30 p.m. to 6 p.m. or 6 p.m. to 7:30 p.m.**

September 16<sup>th</sup> – October 28<sup>th</sup>

\$15 per 1.5-hour session – players must sign-up one week in advance. Three-day cancellation policy applies or players will be billed for the session.

All clinics are based on a minimum of four students.

Players may register for multiple clinics.

Classes may be combined to achieve minimum enrollment.

Refunds will not be given for prepaid classes. If the class is denoted a prepay class, you are required to pay for the class in full the first day of class.

If you wish to use the drop-in option for a pre-pay clinic, you must call a day in advance to see if space is available.

**To register, please contact the Avalon Athletic Center at Boardman at 330-758-7400 or by email at [avalonboardman@avalonlakes.com](mailto:avalonboardman@avalonlakes.com)**