

Hello Avalon Kids' Sport Camp Parents!

Another summer is soon upon us so I wanted to take this opportunity to welcome you all to another fun filled season of Avalon Kids' Sports Camps!

Some of you may have seen me around at the different Club locations wearing the hats of; Kids Holiday Party Coordinator, Live Entertainment Director as well as Kids in the Kitchen Guide. A little about me: I was born and raised in North East Ohio, completed my College Degree at Ohio University, where I worked with the City of Athens before and after school programs. From there, I gained knowledge in kids and family activities working at Jellystone Park, Twinsburg Parks and Recreation, Scottsdale Senior Centers, Silverleaf Country Club and in the Fitness Industry at the Mandel JCC of Beachwood.

This summer I will be your official Summer Camp Administrator at Avalon Golf and Country Club.

We want you and your camper(s) to feel ready to go and 'in the know' when the first day of camp comes around! Included in this packet will be some helpful information about the day to day operations of the camp as well as a list of items to bring to camp daily so that everyone is prepared to have as much fun as possible.

Please look over the following information and feel free to contact me with any questions or concerns.

Looking forward to a great summer!

Thanks,

CJ Nalepa

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Avalon Golf and Country Club
Kids' Sports Camps 2019

Days and Times of Camp

3 Sessions of 2019's Kids' Sports Camp

- Tuesday, June 25th – Friday, June 28th
- Tuesday, July 23 – Friday, July 26
- Monday, August 5th – Thursday, August 8th

Camp is 4 days a week 9 am – 3 pm. Unfortunately, early drop off before 8:45 am is not permitted and children must be signed out by 3 pm.

LOCATION:

Avalon at Squaw Creek

761 Youngstown-Kingsville Rd., SE Vienna, OH 44473

CHECK-IN/CHECK-OUT PROCEDURES

Drop-off Location: Back entrance in Casanovas/Ballroom. Use the entrance closest to the pool.

Pick-Up Location: Ceremony Site, tented area near outdoor pool. (Rainy day back inside ballroom)

CHECK IN:

Every child must be checked in daily by 9 am with the Lead Attendance Camp Staff, at which time they will be given a wrist band. Then they will report to their assigned group and camp staff.

**The delegation of groups of campers will be based primarily on age to ensure developmentally appropriate activities are programmed for each group allowing them to have the most fun possible!*

Each group of children will have a Lead Camp Staff individual with support staff that will be assigned to the same group each day throughout the entire camp week.

CHECK OUT:

Only individuals listed on the camp form may be permitted to pick up campers at the conclusion of the day. Once the parents sign the child out, the wrist band is cut off the child, signaling they are checked out of Avalon programming for that day.

EARLY PICK-UP:

Prior written notification must be provided to the Summer Camp Administrator or a Supervisor on our Camp Staff before a camper may be signed-out early from camp. In an emergency, verbal authorization for an adult who is not pre-authorized to pick-up a camper may be accepted once the parent/guardian's identity and authorization are verified.

FOOD:

A late morning snack and full lunch will be provided for each child. Packing lunches, unless food allergies are present, is not recommended as we do not have a place to store and cool the lunches.

Complimentary afternoon snacks of popcorn from Squaw Creek may be enjoyed by children in the Ceremony Site when they are not swimming. **If a parent chooses to allow a child charging privileges to purchase snacks at the poolside Snack Shack, charging privileges must be set up ahead of time while also issuing permission verbally to our Lead Attendance Camp Staff.** **Please note any food allergies on the Parental Consent Form. Although we try and be sensitive to individual food needs and make accommodations where we can, our kitchen is unfortunately not set up for extreme food allergies.*

SWIMMING:

Camper's parent/guardian will now record their child's swim level on their Parental Consent Form prior to camp. This is to help us designate the swim group a camper will be in and if they will be permitted past the buoys which designate the 'deep end' of the pool at Squaw Creek. Children will be allowed to wear US Lifeguard Approved life vests or puddle jumpers to be able to be allowed in the deeper area per their parent's approval. Inner tubes, rafts and other flotation devices will not be permitted in the pool by our campers.

INCLEMENT WEATHER/RAINY DAYS DURING SWIMMING TIMES:

The Summer Camp Administrator will designate the Camp Staff to lead games in alternate available areas such as: Fitness Room, Casanovas or the Ballroom.

SERIOUS INCIDENTS:

If a child receives bump or blow to head or a cut or injury requiring more than minor first aid, the parent will be notified immediately and appropriate medical attention will be given including transportation by ambulance to a medical facility.

MINOR INCIDENTS:

Some specific hazards that may occur during the course of a normal camp day may include: sunburns, minor scrapes or cuts, slipping, falling, splinters, bumps, bruises or insect bites. In the event any of the above conditions occur, Avalon Camp Staff will treat these ailments in accordance with ACA health guidelines (soap, water, ice, bandages). If illness or injury results in a more serious condition than listed above, Avalon Camp Staff will contact the camper's parent/guardian immediately to make arrangements for care and/or contact 911.

MEDICATIONS & SUNSCREEN:

Avalon Camp Staff are not permitted to issue or administer any medications to children, including topical medications or sunscreen.

Campers should arrive in the morning with sunscreen already applied, but will also have the opportunity during designated times throughout the day to re-apply sunscreen as needed. Campers can re-apply sunscreen themselves or ask another camper to assist them only when properly supervised. Avalon Camp Staff are not permitted to apply sunscreen directly on to any camper. However, Avalon Camp Staff is permitted to pour or spray sunscreen onto a camper when requested.

***Avalon Golf and Country Club's Day Camps are registered with Ohio Department of Job and Family Services. If at any time there is a need for a concern or complaint to be filed, you may contact one of the following governmental agencies below.*

Trumbull County Board of Health: (330) 675-2489

Trumbull County Children Services: (330) 372-2010

WHAT TO BRING TO CAMP

- Hat or Visor
- Sunscreen (Spray-on Sunscreen is preferred)
- Water Bottle
- Golf Clubs (putter, pitching wedge and driver if possible)
- Swim Suit
- Towel
- Tennis Racket
- Sunglasses
- Tennis Shoes

WHAT **NOT** TO BRING TO CAMP:

Please **DO NOT** bring any of the following to camp:

- Electronic Items/Valuables: Handheld gaming devices, personal listening devices, cell phones, jewelry.
- Candy, gum, toys
- Matches, lighters

In the event that any of these items are brought to camp, Avalon Kids' Sport's Camp Staff will ask the camper to securely store away the items or device. If the device reappears then the device will be confiscated and returned only to the parent/guardian at the conclusion of that day. This policy is to safeguard our campers from the loss, theft or damage of their personal items not in use during camp.

A Day at a Glance:

EXAMPLE	
Period	Plan
9:00 AM	Drop off
9:15 - 9:45	Mixer - Children divided into 3 groups
9:45 - 10:30	Golf / Tennis/ Field Games (groups 1,2,3)
10:30	10:30 - Snack All
10:30 - 11:15	Golf/Tennis/Field Game (groups 1,2,3)
11:15 - 12:00 pm	Golf/Tennis/Field Game (groups 1,2,3)
12:00:00 PM-12:30	Lunch
12:30 - 1 pm	Arts and Crafts - all groups
1:15 - 1:30 pm	Change/Sunscreen
1:30 - 3 pm	Pool /Field or water Games -2 Swimming Groups each group has an hour to swim
3:00 PM	Pick Up - Ceremony Site

Lunch Menu for Sports Camp 2019				
	Protein	Veg	Fruit	Dessert
Tuesday	Grilled Cheese	Carrot sticks	apple sauce	brownie
Wednesday	Mac n Cheese/ Chicken Nuggets	salad no olives	melon	ice cream scoop vanilla
Thursday	Pizza	Cucumbers w/ Ranch	oranges	chocolate chip cookies
Friday	Chicken Tenders	carrot/Cucumber combo	apple slices	rice krispies