Massage/Body Treatments

Customize your massage after consulting with your technician. A brief consultation will determine the perfect massage. Couple's massages are available upon request.

Relaxing Massage 60 Minutes / **$80** 90 Minutes / **$ 100**

- This relaxing journey will speak to your specific areas of concerns. Swedish technique combined with aromatherapy will lull you into peace and tranquility leaving you relaxed and calm.

Sports Pressure Massage 60 Minutes / **$85** 90 Minutes / **$105**

- Designed to release lactic acid build-up in the muscles caused by frequent physical activity, while relaxing the body and gently stretching the muscles.

Deeper Pressure Massage 60 Minutes / **$90** 90 Minutes / **$110**

- Designed to recharge your body, alleviate tension and muscular stress. Revive tired and fatigued muscles leaving a feeling of revitalization and relaxation.

Reflexology 50 Minutes / **$65**

- This is a 50-minute treatment that applies pressure to the feet and hands with specific techniques to relieve stress. This is the perfect massage treatment for the individual who is not comfortable being disrobed. A warm therapeutic hand treatment is included.

The Add-Ons

- Hot Stones added to any service **$ 15**

Body Treatments

Full Body Exfoliation 45 Minutes / **$ 65**

- Exfoliation rids you of dry and itchy skin. Oils will be massaged into your skin finished with complete hydration.

Thermal Wrap 60 Minutes / **$ 75**

- A body wrap, also known as a 'body cocoon' or 'body mask' is a spa treatment created to enhance the health and appearance of the skin, while stimulating circulation. A nourishing oil is applied and left on your skin while you relax wrapped in a cozy thermal cocoon.

Revitalizing Spa Experience 60 Minutes / **$ 80**

- This treatment includes a mini facial and a massage concentrating on the head, neck, shoulders, hands and feet, leaving your body feeling rejuvenated.

Stress Relief Therapy 50 Minutes / **$ 70**

- This treatment is intended to reduce stress and is perfect for overall relaxation. Enjoy a quiet, peaceful session along with aromatherapy while light touch massage techniques concentrate on the upper body.

The Idea

Bachelorette Party and/or Gift for Bridal Party: Plan massages, pedicures, facials, etc. Enjoy food and beverage in the spa area or in any of our great restaurants. Arrange a private Pilates or spinning class. Plan golfing. The perfect day for the perfect time in your life.

Brides, Grooms, and Wedding Parties: Make your wedding week the best that it can be. Contact the Spa Director to help you plan your week including massages, facials, waxing needs, make-up and hair styles. Be relaxed and beautiful all week long.

Gift Certificates: The Perfect Gift for any occasion or no occasion.

Bridal or party groups can gather in our relaxing Spa space while enjoying a variety of Salon and Spa services. Arrangements may be made to have light food platters or a continental breakfast including Mimosas, Bloody Mary's or most any beverage of your choice. Complimentary coffee, tea and "flavored" water always available.

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