

Nails

Spa Manicure	\$28
Spa Pedicure	\$45
Basic Manicure	\$21
Basic Pedicure	\$32
Polish Change	\$12
Shellac Manicure*	\$32
Shellac Pedicure*	\$40
Gentlemen's Manicure	\$18
Gentlemen's Pedicure	\$35

*Say Hello To Shellac

Shellac is a breakthrough UV technology that combines the ease of nail polish with the permanence of gel nails. A true innovation in extended-wear nail color. Shellac nails are applied over natural nails and do not provide additional length, only strength.

The Add-Ons

Paraffin to hands or feet	\$ 5
French tips	\$ 5

Wax

Brows	\$12+
Lip and Chin	\$15
Full Face (brows, lip, chin, and sides of face)	\$30
Under arm	\$25
Bikini (women only)	\$35+
Back Wax	\$45+

Leg Waxing	Full leg \$60+	Half leg \$40+
Arm Waxing	Full arm \$40+	Half arm \$30+

Massage/Body Treatments

Customize your massage after consulting with your technician. A brief consultation will determine the perfect massage. Couple's massages are available upon request.

Relaxing Massage

60 Minutes / \$80 90 Minutes / \$ 100

- This relaxing journey will speak to your specific areas of concerns. Swedish technique combined with aromatherapy will lull you into peace and tranquility leaving you relaxed and calm.

Sports Pressure Massage

60 Minutes / \$85 90 Minutes / \$105

- Designed to release lactic acid build-up in the muscles caused by frequent physical activity, while relaxing the body and gently stretching the muscles.

Deeper Pressure Massage

60 Minutes / \$90 90 Minutes / \$110

- Designed to recharge your body, alleviate tension and muscular stress. Revive tired and fatigued muscles leaving a feeling of revitalization and relaxation.

Reflexology

50 Minutes / \$65

- This is a 50-minute treatment that applies pressure to the feet and hands with specific techniques to relieve stress. This is the perfect massage treatment for the individual who is not comfortable being disrobed. A warm therapeutic hand treatment is included.

The Add-Ons

- Hot Stones added to any service \$ 15

Body Treatments

Full Body Exfoliation

45 Minutes / \$ 65

- Exfoliation rids you of dry and itchy skin. Oils will be massaged into your skin finished with complete hydration.

Thermal Wrap

60 Minutes / \$ 75

- A body wrap, also known as a 'body cocoon' or 'body mask' is a spa treatment created to enhance the health and appearance of the skin, while stimulating circulation. A nourishing oil is applied and left on your skin while you relax wrapped in a cozy thermal cocoon.

Revitalizing Spa Experience

60 Minutes / \$ 80

- This treatment includes a mini facial and a massage concentrating on the head, neck, shoulders, hands and feet, leaving your body feeling rejuvenated.

Stress Relief Therapy

50 Minutes / \$ 70

- This treatment is intended to reduce stress and is perfect for overall relaxation. Enjoy a quiet, peaceful session along with aromatherapy while light touch massage techniques concentrate on the upper body.

The Idea

Bachelorette Party and/or Gift for Bridal Party: Plan massages, pedicures, facials, etc. Enjoy food and beverage in the spa area or in any of our great restaurants. Arrange a private Pilates or spinning class. Plan golfing. The perfect day for the perfect time in your life.

Brides, Grooms, and Wedding Parties: Make your wedding week the best that it can be. Contact the Spa Director to help you plan your week including massages, facials, waxing needs, make-up and hair styles. Be relaxed and beautiful all week long.

Gift Certificates: The Perfect Gift for any occasion or no occasion.

Bridal or party groups can gather in our relaxing Spa space while enjoying a variety of Salon and Spa services. Arrangements may be made to have light food platters or a continental breakfast including Mimosas, Bloody Mary's or most any beverage of your choice. Complimentary coffee, tea and "flavored" water always available.

For more information in regards to group Salon and Spa events, please contact Penni Mokros, Spa Director at (724) 704-8818 or email pmokros@avalonlakes.com.



Avalon Salon and Spa

**Avalon Golf and Country Club
at Buhl Park**

1030 Foraker Boulevard
Hermitage, PA 16148
(724) 704-8818



The Hours

Avalon at Buhl Park Salon and Spa Hours

Wednesday and Thursday, 9 a.m. to 7 p.m.,
Friday, 9 a.m. to 5 p.m. and Saturday, 9 a.m. to 3 p.m.

Massage Services are available all weekdays from 8 a.m. to 8 p.m. should a therapist be available.

All services may be scheduled through the Salon and Spa or Member Services Department.

Salon and Spa: (724) 704-8818

Member Services Department:

Ohio (330) 856-1900, (330) 539-5008 or PA: (724) 704-8801

Tanning facilities are open during Fitness Center hours and are scheduled through the Fitness Center. Please check in at the Fitness Center desk.

Note: We will be happy to make every attempt to schedule a spa party or event outside of our scheduled salon and spa hours for groups of four or more. Full or half day events must be secured with a credit card or club charge account. Cancellation policies apply.

Policies

- The Spa is an Adult Environment.
 - We ask that you speak quietly throughout the Spa, particularly in waiting areas and in treatment corridors. To preserve an ambiance of peace and tranquility, the Spa is a cell phone free environment.
 - Children are welcome to use salon services. Minors under the age of 14 must be accompanied by an adult during the entire time of their service.
 - Appointments are scheduled and a late arrival may cause a modification of your service time.
 - Members/Guests are responsible for their personal belongings. Lockers will be provided during Spa services.
 - We recommend that you do not wear jewelry during your visit with us.
 - Reservations are required 24 hours in advance.
 - We require a member's charge account or credit card when three or more appointments are being scheduled.
 - We understand that plans change. We appreciate and require a 24-hour notice for all **cancellations**. Otherwise, a member will be charged the full amount of the scheduled services.
 - Please consult your physician should you have any medical concerns before scheduling services.
 - Please plan to arrive at least 20 to 40 minutes prior to your appointment if you would like to use the sauna and/or steam room facilities in the locker room prior to your appointment. You are also welcome to use these amenities following your service.
 - You are invited to unwind and relax in our relaxation area before or after your appointment. You are welcome to order a beverage and/or snack from the restaurant.
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- In appreciation of outstanding service, gratuities may be given to the staff at your discretion. Envelopes will be provided at the front desk. For groups of four or more, an 18% gratuity may be added.
 - Members are encouraged and welcomed to bring guests.
 - Non-members are welcome to use the Salon and Spa services.
 - Promotional pricing of services or products are for members and their guests only. Guests must be accompanied by a member.
 - Large groups and Spa parties are welcome. A deposit may be requested to hold the appointments. The deposit may not be refunded if insufficient notice of cancellation is made.
 - When a major credit card is used for Spa services, a 3.5% Administrative Fee will be added.
 - Prices subject to change.

Reinventing Skincare

Empower your skin to look healthier and younger longer.
Please arrive 10 minutes early to complete your questionnaire and to consult with your technician.

Facials

Pure Plush Deep Cleansing Facial 50 Minutes / \$80

- This luxurious treatment will be customized to address your specific skin concerns. Sea salts rich in magnesium, potassium and calcium will help to purify, fortify and reawaken your skin. An application of Skinlongevity, a Vital Power Infusion and the perfect hydrator will leave your skin radiant.

Clay Chameleon Transforming Facial 50 Minutes / \$80

- A deep cleansing treatment that begins by using Brazilian red clay cleansers provides essential nutrients to the skin while its detoxifying and improving quality leaves your skin feeling pure and soft.

Blemish Remedy Facial 45 Minutes / \$60

- Congested or blemish prone skin benefits from oil free products being used effectively to dissolve pore clogging impurities. Finished with an application of an oil free replenishing gel cream.

Please discuss a take-home regimen with your technician to protect, hydrate and empower your skin.

PCA Peels Series of four peels / \$160

- PCA is a professional use only superficial chemical peel that ensures optimum results and fewer chances of down time. For maximum results, it is recommended that a minimum series of four peels be applied to the skin. The client is to make a commitment to scheduling and keeping appointments as recommended. Each appointment is to be scheduled within 7- to 14-day intervals. The licensed professional will determine how the client tolerates each peel and will progress the treatments accordingly.

It is recommended that a facial or mini facial be scheduled at the same time of the first peel to properly prepare the skin for the treatments.

One peel added to a facial or mini facial / \$20

Peel Solutions applied to the neck and decollete / \$25

Back Facial 60 Minutes / \$70

- The hardest part of your body to care for. This treatment will rid you of dry and itchy skin.

Facial Add-On Services:

- Eye treatment **\$10**
*Hydrate the sensitive eye area and reduce puffiness.
Perfect for Special Occasions*
- Scalp massage **\$10**
Stimulates the scalp and encourages circulation

“Authorized Retailer of bareMinerals Cosmetics and skincare by Bare Escentuals”

Hair Services

Ladies’ Cut and Style	\$38
Shampoo and Style	\$26
Gentlemen’s Barber Cut (dry cut)	\$15
Child (ten and under, does not include shampoo or style)	\$15
Special Occasion/Up-Do	\$70+

The Permanent Wave **\$65+**

The Color **\$65+**

Color	\$65+
Color Retouch	\$60+
Partial Highlight	\$70+
Full Highlight	\$75+
Highlight/Lowlight	\$90+
Men’s Color	\$30
Olaplex	\$15

Olaplex is a professionally used additive to a hair color service that dramatically eliminates breakage and leaves hair feeling amazing!

A consultation with a professional stylist prior to your color treatment will determine pricing.

The Extras

Kenra Smooth	\$125
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Kenra Smooth immediately eliminates up to 99% of curl and frizz and lasts up to 60 shampoos while protecting your hair. Kenra Smooth treatment allows the client the ability to shampoo, cut, color or style your hair immediately following your service.

Specialty Services

Halocouture Hair Extensions	\$300+
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Genuine 100% Remy Human Hair Extensions provide instant length and volume for a natural and beautiful look. No Clips, No Glue, or No Weaving required, which means virtually NO DAMAGE. Visit **HALOCOUTURE** website to view videos. We will special order the right extension for you. Color swatches available. Schedule a **Free** consultation to learn more and to see and feel our sample extension.

Minkys Eyelash Extensions	Full Set: \$150 Flirt Set: \$60+ Fills: \$50+
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These individual eyelash extensions are professionally applied by our certified technician in a private and relaxing space. Minkys lashes are designed to mimic the natural eyelash and come in a variety of lengths and thickness. They are light, soft, flexible and infinitely wearable. You may schedule a **FREE** consultation to learn more.

Make-up Application

Full Make-up Application for Special Occasions	\$40
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We use and retail bareMinerals Cosmetics and skincare by Bare Escentuals.

Spray Tanning

Spray Tans by South Seas – Full Body	\$35
Spray Tans by South Seas – Upper Body	\$25

This system is hand sprayed by trained technicians. The system is paraben free and simply...Flawless. You may wear undergarments, swimwear or disposable under garments and/or wraps are available. Color can last up to 10 days. It is recommended that for best results you schedule a full body exfoliation the same day of your spray tan. The cost of a full body exfoliation is an additional \$65.