

NOTATES DAIRY FREE ITEMS

SEASONAL MENU ALLERGY INFORMATION



NOTATES VEGAN AND VEGETARIAN ITEMS



NOTATES GLUTEN FREE ITEMS



...STARTERS...

18







AU POIVRE FILET TIPS. .

peppercorn-dusted filet tips smothered with cremini mushroom brandy cream





AVALON'S HOT PEPPERS IN OIL...... a club classic with warm gluten-free bread



Turkish inspired, seasoned wagyu beef grilled on skewers and served with Naan bread and tomato and onion tahini salad



MEZZE PLATE. . . . . . . . .

seasonal-inspired hummus served with veggies, falafel, spanakopita and naan



TUNA TATAKI. . 13

sesame crusted Ahi tuna sliced thin, served on a bed of arugula, watermelon radish and scallions topped with sesame ginger glaze



# ...STREET TACOS... three hand made tacos in CORN tortillas

### BLACKENED SNAPPER 17

blackened snapper, pickled red onion, shaved cabbage, fresno peppers and lime crema

### SMOKED BRISKET 14

smoked brisket, shaved cabbage, crunchy fried tortilla, green chiles, cheddar cheese topped with horseradish bbq

#### CARNITAS 13

pork carnitas, salsa verde, chili sauce, cotijas cheese, cabbage and sour cream

### CHICKEN 13

marinated chicken and black bean salsa topped with queso and

### SIGNATURE SALADS

ALL LISTED SIGNATURE SALADS CAN BE MADE DAIRY FREE. VEGETARIAN, OR GLUTEN WITH THE REQUEST OF NO DAIRY AND NO GLUTEN

13

28



grilled apples and pears, toasted pine nuts and herb goat cheese on a bed of kale and romaine served with pomegranate vinaigrette



iceberg and arcadian lettuce blend, strawberries, mandarin oranges, candied pecans, gorgonzola and golden balsamic vinaigrette

iceberg and arcadian lettuce blend, cherry tomatoes, cucumbers, red onions, black olives and fresh-cut fries

## PREMIUM PASTA AND BOWLS

served with a garden salad





### HARVEST STUFFED CHICKEN. . . . .

sauteed chicken breast stuffed with sauteed

brussels sprouts, sweet potato, grape tomatoes and pancetta served with an accompaniment





#### STIR FRY

your choice of meat and vegetables with jasmine rice and ginger soy sauce



WITH ROASTED CHICKEN THIGHS 22 | BRISKET 27 STIR FRIED PORK 27 | SAUTEED SHRIMP 26

ALL FRIED ITEMS ARE COOKED WITH SOYBEAN OIL. CONSUMING RAW OR UNDERCOOKED MEATS, SUCH AS POULTRY, SEAFOOD OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

### ENTICING ENTREES

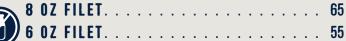
served with a garden salad and accompaniment



DILL LEMON SALMON. . . . . . blackened Wester Ross salmon topped with dill lemon aioli



served with a garden salad and accompaniment



PRIME ENTREE ADDITIONS

shrimp scampi...7 sauteed bell peppers, mushrooms or onions...2