



AVALON ALLERGEN INFORMATION MENU

PLEASE ALERT YOUR SERVER OF ANY ALLERGIES BEFORE ORDERING
ALL ITEMS ARE MADE IN A SHARED KITCHEN
WHILE WE WILL DO OUR BEST TO ACCOMMODATE ALLERGY REQUEST
CROSS CONTAMINATION IS A RISK

DAIRY FREE APPETIZERS

CHICKEN WINGS

AVALON'S HOT PEPPERS IN OIL

HOUSE-MADE CHIPS
Served without Buffalo Dip

DAIRY FREE SALADS

THE GRILLED SALAD

DAIRY FREE ENTREES

8 OZ FILET

6 OZ FILET

CITRUS POACHED SEA BASS

DAIRY FREE SIDES

SWEET POTATO (PLAIN)

BAKED POTATO (PLAIN)

ASPARAGUS

*BROCCOLI WHEN NOTATED

VEGAN OPTIONS

THE HEPBURN

Served without Gorgonzola

THE GRILLED SALAD

GLUTEN FREE SOUPS

CHICKEN CHILI

GLUTEN FREE APPETIZERS

AVALON'S HOT PEPPERS IN OIL

FRIED ARTICHOKES

GLUTEN FREE SALADS

BEEF AND BURRATA

THE HEPBURN

THE GRILLED SALAD

SALAD ADDITIONS

grilled steak | grilled salmon
ahi tuna | shrimp
grilled or blackened chicken
grilled portabella

GLUTEN FREE ENTREES

COCOA RUBBED PORK CHOP

LEMON DILL SALMON

CITRUS POACHED SEA BASS

CHICKEN OSCAR

SHORT RIB AND POLENTA

ALL FRIED ITEMS ARE COOKED WITH SOY BEAN OIL | CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS | ALLERGENS SUCH AS MILK, EGGS, FISH, SHELLFISH, PEANUTS, TREE NUTS, WHEAT, SOY AND SESAME ARE USED AS INGREDIENTS IN THIS FACILITY