



**THE GRAND RESORT'S MED SPA**

**WEIGHT LOSS MADE EASY!**

**THE GRAND RESORT'S MED SPA SEMAGLUTIDE WEIGHT LOSS PROGRAM**

Do you need a long-lasting and effective weight loss solution that goes beyond dieting and exercise? Semaglutide for weight loss may be the answer you're looking for. The Grand Resort's Med Spa Semaglutide Weight Loss Program provides safe, gradual slimming with improved metabolic health - plus it's simple to use! So don't wait any longer - let our Medical Weight Loss team help you look and feel beautiful!

**What is Semaglutide**

Semaglutide is a new exciting medicine that is helping people lose weight and reach their ideal size. It's an easy-to-use, once a week injection that works by regulating food intake by reducing feelings of hunger. Semaglutide also helps you feel more full and satisfied after a meal by delaying gastric emptying.

**Benefits of Semaglutide injections:**

- Significant weight loss - typically 2-8 pounds per week (Results may vary)
- On average, patients lose 15% of body mass
- Helps you to look and feel beautiful
- Curbs the appetite to decrease calorie intake
- Leaves you feeling more full for longer periods of time
- Regulates blood sugar
- Requires only one treatment per week

**YOUR CUSTOMIZED WEIGHT LOSS PROGRAM**

Our Medical Weight Loss team will develop an initial three or six-month weight loss program based on your physiology and goals. A prescription for semaglutide injections is included, and you have the option of receiving weekly injections in our Med Spa office (for an additional charge) or having our staff teach you how to administer it on your own at home. We will monitor your progress quarterly and make any necessary adjustments to ensure your progress follows your weight loss plan.

**What are you waiting for? Change Your Life Today!**

One American Way, Warren, OH, 44484 | www.TheGrandResort.com/Med-Spa | 330-609-8814

**Contact Us at 330-609-8814 for Your Free Consultation!**

**The Annual BIG Party Is Back!!!**  
**Avalon at Squaw Creek on Friday, August 4<sup>th</sup>.**  
**Tickets are Still Available!**

**Only \$79 per Member** (plus tax and gratuity)

Join us for a night of eating, drinking and dancing under the stars at Squaw Creek.

Tickets include Open Bar from 7 p.m. to 11 p.m., vast assortment of Chef prepared BBQ, Appetizers, Seafood and Desserts.

Live entertainment with **Rudy and The Professionals** and much more.

Don't wait, Call Today!

**August Salon and Spa Specials**

**The Grand Salon and Spa and Avalon at Buhl Park Salon and Spa**

BareMinerals Close-Out - 40% off Entire Stock

SkinCeuticals - 15% off Entire Stock

**The Grand Salon and Spa**

Microdermabrasion Treatments and HydraFacial Treatments - \$25 Discount (all of August)

Members may continue to enjoy a 20% discount on spa services at the resort when booking same day appointments based on availability.

Payment required at time of booking.

Discount is for Members Only. (not member guest)

Offer may not be combined with any other promotions and discount will not apply if appointment is rescheduled.

**Avalon at Buhl Park Salon and Spa**

Enjoy Stress Relief or Revitalizing Spa Experience - \$15 Discount (all of August)

Welcome Ashley Blake, Esthetician to Avalon at Buhl Park Salon and Spa (taking appointments after August 10<sup>th</sup>)

Visit website to view entire Spa Menu all appointments based on availability.

All Promotional Prices are for Members Only.

**2023 Golf Season!!**

**Tuesdays** - Men's Night Out at Avalon Field Club at New Castle

**Thursdays** - Men's Night Out at Avalon at Buhl Park

**Saturday, August 19<sup>th</sup>** - Men's Club Championship at Avalon at Squaw Creek

**Sunday, August 20<sup>th</sup>** - Men's Club Championship at Avalon Lakes

**Saturday, September 23<sup>rd</sup> and Sunday, September 24<sup>th</sup>** - Old Pal at Avalon Field Club at New Castle

**HOLE-IN-ONE**

**Avalon Lakes**  
**Pete Carando**  
**Hole #4, June 29<sup>th</sup>**



Joe Augustine Live in Gatsby's at The Grand Resort  
Wednesdays and Fridays in August  
6 p.m. to 9 p.m.



*Make your holiday party extra special this year.*

*We have some open dates for you to choose from.*

*For Avalon at Squaw Creek, Avalon at Buhl Park or Avalon Field Club at New Castle please call **Amanda at (724) 704-8803** or for The Grand Resort please call **Brenna at (330) 856-5026.***

**FOOD TRUCK NIGHT**

Back By Popular Demand,  
It's FOOD TRUCK NIGHT!!!  
Favorite food inspired by Food Trucks.

Saturday, August 5<sup>th</sup> – Avalon at Buhl Park  
5 p.m. to 11 p.m.

Saturday, August 19<sup>th</sup> – Avalon at Squaw Creek  
Noon to 8 p.m.



**Sunday Funday  
Foam Party**  
Avalon at Squaw Creek  
August 6<sup>th</sup>  
3 p.m. to 4 p.m.

Don't miss this wild and crazy foam party.



**FREE FITNESS CLASSES**

Don't forget Fitness Classes are FREE for Members.  
(Excludes Reformer Pilates Classes Avalon at Buhl Park.)



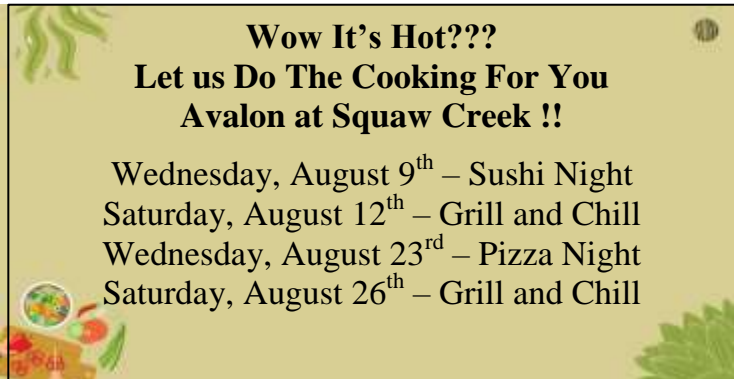
**LIVE MUSIC**  
Fridays, Saturdays and Sundays in August.

Check-out the Entertainment Calendar for more details.



**Wow It's Hot???**  
**Let us Do The Cooking For You**  
**Avalon at Squaw Creek !!**

Wednesday, August 9<sup>th</sup> – Sushi Night  
Saturday, August 12<sup>th</sup> – Grill and Chill  
Wednesday, August 23<sup>rd</sup> – Pizza Night  
Saturday, August 26<sup>th</sup> – Grill and Chill



**First Annual Cigar Crawl**  
Thursday, August 31<sup>st</sup> through Sunday, September 3<sup>rd</sup>  
The Grand Resort/Avalon Golf and Country Club

A four-day retreat for cigar smokers across the globe. Guest will have the opportunity to meet, receive cigars, spirits and foods from some of the best names in the business. Our First Annual Cigar Crawl is a celebration of fine tobacco, spirits and foods. Whether you are a cigar novice or expert, this is an event you will not want to miss.

In today's climate, events like this are hard to come by. See website for more details.

**The Pools at The Grand Resort, Avalon at Squaw Creek and Avalon at Buhl Park**

Avalon at Squaw Creek – 9 a.m. to 8 p.m.  
Avalon at Buhl Park – 9 a.m. to 9 p.m.  
The Grand Resort Indoor Pool – 5:30 a.m. to 11 p.m.  
The Grand Resort Outdoor Pool – 9 a.m. to 11 p.m.  
The Grand Resort Roman Bath – 9 a.m. to 11 p.m.

**Swimming at The Grand Resort and Avalon at Squaw Creek is only permitted when a Lifeguard is on duty.**

A complete list of our pool policies are available upon request or visit our website at [www.avalongcc.com](http://www.avalongcc.com).